



Free your feet for Summer!

FREE FOOT HEALTH CHECK

(Diabetics Welcome)

For enquiries or to book an appointment call:

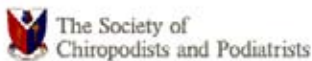
01332 281411



or email us at

enquiries@centralrehabservices.co.uk

FREE PARKING ON SITE / DISABLED ACCESS / TOILET FACILITIES



**Central Foot Clinic
and Biomechanical Assessment Centre**

Blenheim House, 70 Nottingham Road, Spondon, Derby DE21 7NL



Central Foot Clinic and Biomechanical Assessment Centre

Free Foot Health Check

A basic test of the pulses and sensations in your feet for all new patients. Foot problems can be discussed with our specialists.

Simply Toenails

A full professional trim and clean up of the nails only - for those who are unable to care for their own nails due to reduced mobility.

Price: £14.00 / Home visit £30.00

Nail Trim and Routine Treatment

The Nail Trim is a professional service for problem nails that are thickened or in-growing.

The Routine Treatment is for simple toenails and minimal callus.

Price: £18.00 / Home visit £30.00

Full Treatment

Treatment and advice for painful conditions, e.g. nails, callus/corns, cracked heels and skin conditions. Includes herbal foot bath and finishes with a light foot massage with a specialist cream. Please remove nail varnish. Allow 30 mins.

Price: £25.00 / Concessions £22.00 / Home Visit £40.00

Discount Packages available

Reflexology

A subtle gentle form of reflexology that uses a light and soothing touch. For more information please speak to your practitioner.

Price: £33

Discount Packages available

Biomechanical Assessment (with a Podiatrist)

An analysis on how your feet function. Insoles or orthoses to relieve your discomfort and pain are then prescribed. Templates and casting are included in the assessment.

Price: £50.00 for a 1 hour assessment.

Cost of insoles / orthoses will vary.

Vascular and Neurological Assessment (with a Podiatrist)

A comprehensive professional assessment covering circulation, nerve sensations and muscle tone in your feet. Ideal for Diabetics.

Price: £30.00 / Concessions £28.00 / Home Visit £40.00